
 Nature Cures Naturopathic Clinic 

Dr. Cathy Picard, Naturopathic Physician
 250 Eddie Dowling Hwy. N. Smithfield, RI 02896
 Phone: 401-597-0477 Fax: 401-597-0959
www.dr.cathypicard.com

Patient's name: _____

Person Completing Form: _____ Relationship to Patient: _____

Please select a rating for each of the following questions. Refer to behavior for the past 3 months. For each item, decide whether the behavior is relevant and to what degree.



- 0=not relevant
- 1=slightly relevant
- 2=pretty relevant
- 3=very relevant

Don't think too hard about the answer – your first reaction is usually the right one.

	not relevant	slightly relevant	pretty relevant	very relevant
1. Has trouble sitting still, restless, fidgety	0	1	2	3
2. Injures self	0	1	2	3
3. Wakes frequently at night	0	1	2	3
4. Impulsive, acts without thinking	0	1	2	3
5. Aggressive to others	0	1	2	3
6. Has trouble understanding verbal instructions	0	1	2	3
7. Avoids eye contact	0	1	2	3
8. Anxious	0	1	2	3
9. Non-verbal, doesn't talk	0	1	2	3
10. Slow to wake up after sleep	0	1	2	3
11. Prefers to watch others rather than participate	0	1	2	3
12. Is easily distracted	0	1	2	3
13. Has trouble transitioning from one activity to another	0	1	2	3
14. Has trouble falling asleep	0	1	2	3
15. Resists physical contact	0	1	2	3
16. Lacks facial expressions	0	1	2	3
17. Repeat words or sounds	0	1	2	3
18. Irritable or whiny	0	1	2	3
19. Bothered by certain sounds	0	1	2	3
20. Repetitive body movements	0	1	2	3
21. Excessively active (running, jumping)	0	1	2	3
22. Shows no interest in others	0	1	2	3
23. Can't communicate wants or needs	0	1	2	3
24. Verbal skills below age level	0	1	2	3

25. Has trouble staying on task	0	1	2	3
26. Shakes or flaps hands or arms	0	1	2	3
27. Talks (vocalizes) to self	0	1	2	3
28. Unresponsive when spoken to	0	1	2	3
29. Throws tantrums	0	1	2	3
30. Excessive talk or vocalizations	0	1	2	3
31. Boisterous	0	1	2	3
32. Bullies others	0	1	2	3
33. Has poor appetite, doesn't want to eat	0	1	2	3
34. Headaches	0	1	2	3
35. Rocks body repeatedly	0	1	2	3
36. Cries easily	0	1	2	3
37. Mood changes often	0	1	2	3
38. Seems unhappy most of the time	0	1	2	3
39. Disrupts others	0	1	2	3
40. Worries excessively	0	1	2	3
41. Plays with toys inappropriately	0	1	2	3
42. Doesn't follow instructions	0	1	2	3
43. Has odd behaviors	0	1	2	3
44. Doesn't finish things	0	1	2	3
45. Has to have own way	0	1	2	3
46. Becomes frustrated easily	0	1	2	3
47. Eats excessively or would like to	0	1	2	3
48. Screams for seemingly no reason	0	1	2	3
49. Often has stomach aches	0	1	2	3
50. Afraid of new things, places or people	0	1	2	3
51. Chews or sucks on things	0	1	2	3
52. Controlling, needs to run things	0	1	2	3
53. Eats limited diet, only likes certain foods	0	1	2	3
54. Inactive, listless	0	1	2	3
55. Wants to interact with others but doesn't know how	0	1	2	3
56. Hard to reach, preoccupied	0	1	2	3
57. Seeks isolation	0	1	2	3
58. Communicates only through gestures	0	1	2	3
59. Moves around aimlessly	0	1	2	3
60. Disobedient	0	1	2	3
61. Doesn't get along well with others	0	1	2	3
62. Prefers the company of adults	0	1	2	3
63. Doesn't communicate wants or needs	0	1	2	3
64. Bothered by clothes against skin	0	1	2	3
65. Seizures	0	1	2	3
66. Clumsy, uncoordinated	0	1	2	3
67. Doesn't follow rules	0	1	2	3
68. Forgets things	0	1	2	3

69. Has trouble finding the right words to say even though he/she knows them	0	1	2	3
70. Moody	0	1	2	3
71. Picks at self or clothing	0	1	2	3
72. Stares into space, seems in own world	0	1	2	3
73. Hits or scratches others	0	1	2	3
74. Covers ears	0	1	2	3
75. Hears things others don't	0	1	2	3
76. Has trouble beginning activity	0	1	2	3
77. Has difficulty stopping an activity	0	1	2	3
78. Regressed in language ability	0	1	2	3
79. Has uncontrollable body movements	0	1	2	3
80. Craves pressure against body	0	1	2	3
81. Easily overwhelmed by noisy environments	0	1	2	3
82. Easily startled	0	1	2	3
83. Has/had frequent ear infections	0	1	2	3
84. Has poor balance	0	1	2	3
85. Dyslexic	0	1	2	3
86. Talks loudly	0	1	2	3
87. Low self-esteem	0	1	2	3
88. Has difficulty remembering the sequence of things (time, activities)	0	1	2	3
89. Has difficulty telling which direction a sound came from	0	1	2	3
90. Uncontrollable vocalizations	0	1	2	3
91. Recoils to touch (tactically defensive)	0	1	2	3
92. Makes the same mistakes repeatedly/doesn't seem to learn from mistakes	0	1	2	3
93. Doesn't seem to know where he/she is in space / bumps into things and people frequently	0	1	2	3
94. Is argumentative/oppositional	0	1	2	3
95. Often seems tired, sluggish, slow	0	1	2	3
96. Lacks ability to see options	0	1	2	3
97. Has extreme cyclic changes in mood (very high to very low)	0	1	2	3
98. History of head injury	0	1	2	3
99. History of brain damage	0	1	2	3
100. Experiences frequent changes in sleep patterns	0	1	2	3
101. Holds grudges	0	1	2	3
102. Lacks empathy / has trouble understanding others feelings	0	1	2	3
103. Bothered by/sensitive to lights	0	1	2	3

 Nature Cures Naturopathic Clinic 

Dr. Cathy Picard, Naturopathic Physician
250 Eddie Dowling Hwy., N. Smithfield, RI 02896
Phone: 401-597-0477 Fax: 401-597-0959
www.drcathypicard.com

5-36.1-3. Scope of practice.

15 (a) A license authorizes a licensee, consistent with naturopathic education and training 16 and competence demonstrated by passing the doctor of naturopathy licensing examination, to: 17 (1) Order and perform physical and laboratory examinations for diagnostic purposes; 18 (2) Dispense or order natural substances of mineral, animal, or botanical origin, including 19 food, extracts of food, nutraceuticals, vitamins, amino acids, minerals, enzymes, botanicals and 20 their extracts, botanical substances, homeopathic substances, and all dietary supplements and 21 nonprescription drugs as defined by the Federal Food, Drug, and Cosmetic Act that use various 22 routes of administration, including oral, nasal, auricular, ocular, rectal, vaginal, transdermal; 23 (3) Administer natural substances of mineral, animal, or botanical origin, including food, 24 extracts of food, nutraceuticals, vitamins, amino acids, minerals, enzymes, botanicals and their 25 extracts, botanical substances, homeopathic substances, and all dietary supplements and 26 nonprescription drugs as defined by the Federal Food, Drug, and Cosmetic Act using transdermal 27 routes of administration; 28 (4) Administer or perform hot or cold hydrotherapy, electromagnetic energy, and 29 therapeutic exercise for the purpose of providing basic therapeutic care services, except that if a 30 referral to another licensed provider is appropriate for ongoing rehabilitation or habilitation 31 services, the doctor of naturopathy shall make the referral; 32 (5) Provide health education and health counseling; and 33 (6) Perform naturopathic musculoskeletal mobilization. 34 (b) If a doctor of naturopathy is engaged in the private practice of naturopathy in the LC001505/SUB A - Page 3 of 10 1 state, the doctor of naturopathy shall display the license obtained pursuant to this section 2 conspicuously in each office where the doctor of naturopathy is engaged in practice.

Cathy Picard, ND has a consultation agreement in accordance with the law with John Strauss, MD License # MD10393.

Patient Name (please print): _____ Date: _____

Signature of patient or legal guardian: _____