

## ∞ Nature Cures Naturopathic Clinic ∞

Dr. Cathy Picard, Naturopathic Physician  
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*Nature Cures clinic is a general practice treating both acute and chronic problems using natural therapies. Services include:*

- ❖ An extensive health history where Dr. Picard will review your condition with a different perspective than your medical doctor
- ❖ Preventive medicine including risk factor evaluation and treatment for all stages of cardiovascular disease, diabetes, osteoarthritis, cancer, auto-immune diseases and osteoporosis
- ❖ Asthma and allergy evaluation and treatment
- ❖ Sensible and healthy weight management
- ❖ Drug-free treatment of ADHD, autism, mood disorders, and behavioral issues
- ❖ Integrative and complimentary pediatric wellness care and sick visits.
- ❖ Clinical Nutrition Counseling
- ❖ Biotherapeutic Drainage
- ❖ Homeopathy
- ❖ Botanical Medicine
- ❖ Physical Medicine including The Bowen Technique
- ❖ Lifestyle Counseling
- ❖ Ongoing support of you or your child's healing process

Appointments are available 10-5 p.m. Monday, Tuesday, & Thursday.